Name		Roll Number	
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INDIAN SCHOOL MUSCAT MIDDLE SECTION SECOND PERIODIC TEST 2018-19



<u>SUBJECT - ENGLISH (SET B</u>)

CLASS: VIII	Time Allotted:40 mts
15.01.2019	Max .Marks: 20

MARKS OBTAINED:

Code: MZEN03

General	Inctri	iction	
Generai	ınstru	iction	13

1. All questions are compulsory.

Qns Marks

I. Read the following passage carefully and answer the questions that follow:

5

Health is Wealth! People have always been conscious of maintaining a healthy body and keeping fit.

The present generation is going through a lot of stress, tension and competition in their lives. Many of us try to follow a regular exercise regime, but sometimes diet is not taken care of or vice versa. A proper diet and physical exercise are essential for good health. Working in offices, results in sitting and working for long hours. Thus it leads to lack of physical activity and we tend to put on weight. Most of the home makers also have the latest gadgets at home or they employ maids to do the routine household chores. We make almost no effort to exercise regularly.

I genuinely make an effort to be fit and fine. I have planned my diet and eating at the right time is the most essential part of my diet plan. I eat non-vegetarian only once a week. I try to eat more of green, leafy vegetables, pulses, chapattis and very less rice. I avoid fried food sweets and snacks. Instead I drink fresh fruit juices, eat fresh fruits and salads. I avoid tea and coffee and instead drink milk and eat curd daily.

We should have nutritious food and exercise regularly in order to maintain a healthy lifestyle.

1.	. On the basis of your reading the above passage choose the most appropriate	option	and
CC	omplete the sentences:		

i. The author's diet includes	<u></u>		
a. green vegetables and fresh fruits	b. coffee	c. sweets	d. tea
ii. In his diet the author tries to avoid			

a. sweets	ŀ	o. fried food	c. snacks	d. all the above
iii. Sitting an	d working in office for	long hours resul	t in	
a. stress	b. tension	c. less phys	ical activity	d. competition.
iv. The word	in the passage which	is the antonym o	f the word unneces	sary is
a. conscious	b. esser	tial c. ı	maintaining	d. routine
2. State whe	ther the following sta	tements are Tru	e/False:	
i. People hav	e always been conscio	ous about health	and fitness	
ii. The author	prefers tea and coffe	e to milk and cu	⁻ d	
iii. The autho	r has vegetarian food	once a week		
iv. A healthy	diet and physical exer	cise can keep a p	erson fit	
3. Answer th	e following question	:		
i) How does t	he author maintain a	healthy life style	?	
_	e following words to	form meaningfu	l sentences:	
2. one/of our	·/should be/resolution	ons/to /reach/ou	t to/ people/who /lo	onely and unhappy /are

"Try to sleep,".....I must call Behrman up to be my model for the old hermit miner. I'll not be gone a minute. Don't try to move 'til I come back."

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Who is the 'I' referred to here? Whom did 'I' ask not to move?
. Why was it necessary to call Behrman up to her apartment?
. Why did the speaker advice the other person to try to sleep and not move till she returned?
answer the following questions in about 30-40 words :
. Why did Johnsy refer to herself as 'bad girl'?
. Why does the poet –speaker in the poem 'Invictus' thank the gods for his unconquerable oul?

IV.

V.	Choose the correct meaning of the following words:					
	1. wearily i) tiredly ii) boringly	iii) callously				
	2. swaggered:i) walked stealthily i	i) walked unsteadily	iii) walked extremely confid	ently		
	3. congenial i) suited to each other	ii) contempt	iii) derision			
	4. solicitouslyi) anxiously	ii) selfishly	iii) contemptuously			
VI.	/I. Frame a meaning sentence using the given word:					
	Scattered :					
VII.	Circle the correct spelling from the options given:					
	1. a) conginial	b) congenial	c) conginiel	d) conginile		
	2.b) eives	b) eaves	c) eeves	d) eavees		
	3. c) quaint	c) qauint	c) quiant	d) quiante		
	4. d) traversing	d) travercing	d) traverssing	d) traverrsing		

End of the question Paper.

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